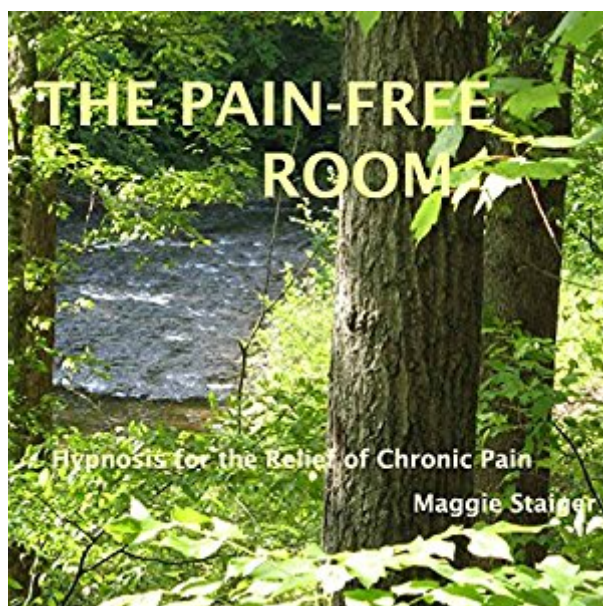


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The Pain-Free Room: Hypnosis For The Relief Of Chronic Pain



Synopsis

This relaxing hypnosis program allows the listener to create a pain-free area in the brain and find relief from chronic physical and emotional pain. By creating this pain-free zone, one is able to escape the grind of constant pain, and break any chronic pain loops. The download reinforces the mind's ability to focus selectively, which enhances the brain's own pain-relief mechanism. The Pain-Free Room was designed for people who are experiencing serious medical issues, and is meant to be used in conjunction with ongoing medical care. It should not be used to relieve pain that hasn't been evaluated by a medical professional.

Book Information

Audible Audio Edition

Listening Length: 21 minutes

Program Type: Audiobook

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